

Subject:

FW: Animal shelter noise impact paper by Dr. Temple Grandin. useful info

Noise in the Animal Shelter Environment: Building Design and the Effects of Daily Noise Exposure

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Sound levels in animal shelters regularly exceed 100 dB. Noise is a physical stressor on animals that can lead to behavioral, physiological, and anatomical responses. There are currently no policies regulating noise levels in dog kennels. The objective of this study was to evaluate the noise levels dogs are exposed to in an animal shelter on a continuous basis and to determine the need, if any, for noise regulations. Noise levels at a newly constructed animal shelter were measured using a noise dosimeter in all indoor dog-holding areas. These holding areas included large dog adoptable, large dog stray, small dog adoptable, small dog stray, and front intake. The noise level was highest in the large adoptable area. Sound from the large adoptable area affected some of the noise measurements for the other rooms. Peak noise levels regularly exceeded the measuring capability of the dosimeter (118.9 dBA). Often, in new facility design, there is little attention paid to noise abatement, despite the evidence that noise causes physical and psychological stress on dogs. To meet their behavioral and physical needs, kennel design should also address optimal sound range.

Noise in an animal shelter has previously been discussed (Key, 2000; Milligan, Sales, & Khirnykh, 1993; Sales, Hubrecht, Peyvandi, Milligan, & Shield, 1997). Sales et al. reported that sound levels regularly exceeded 100 dB. Sound is measured in decibels (dB) and the scale is logarithmic, meaning that 90 dB is 10 times the intensity of 80 dB and is 100 times the intensity of 70 dB. A noise level over 70 dB(A) is considered "loud" (Baker, 1998). To put this into context, 95 dB(A) is comparable to a subway train, 110 dB(A) is a jackhammer, and 120 dB(A) is a propeller aircraft; any sound in the 90 to 120 dB(A) range is considered to be in the critical zone and can be felt as well as heard (Key, 2000). No single method or process exists for measuring occupational noise. A noise dosimeter is preferred for measuring noise levels when the noise levels are varying or intermittent and when they contain impulsive components such as barking. One consideration when

using a noise dosimeter is that the microphone is within the hearing zone of individuals being monitored.

It has long been documented that audible sound has profound physiological and psychological effects on nonhuman animals and disturbs the healthy equilibrium of the body (Wei, 1969). Noise has been found to be a physical stressor on animals that can lead to behavioral, physiological, and anatomical responses. Noise-induced cortisol increases can cause immunosuppression, insulin resistance, cardiovascular diseases, catabolism (molecular decomposition), and intestinal problems (Spreng, 2000). The hearing of animals differs from that of humans; dogs (*Canis familiaris*) have much better hearing and can hear sounds up to four times quieter than can the human ear. Recent research shows that noise in dog kennels may be a welfare concern for the animals (Sales et al., 1997), but currently no policies regulate noise levels in dog kennels.

The objective of this observational case study was to evaluate the levels of noise to which dogs are exposed on a continuous basis and to determine the need for noise regulations. Regulations may emphasize the necessity to control levels through building design and materials instead of trying to reduce the noise produced by the animals. The facility where this study was conducted was designed and built in the last 7 years. However, as is often typical, there were no obvious preventative measures in the design to reduce noise and, in fact, design may have had the opposite effect due to animal arrangement, the use of concrete block, and exposed metal roofing.

Materials and Method

Noise levels were measured at an animal shelter constructed in 1999. The facility has five main indoor areas for holding dogs and two main areas for holding cats. Measurements were taken in all indoor dog-holding areas and included large adoptable, large stray, small adoptable, small stray, and front intake (Figure 1). Measurements were recorded using a noise dosimeter (Q-200, Quest Technologies, Oconomowoc, WI) continuously for 84 hr over 2 weekdays and both weekend days. Noise dosimeters were placed in each room and mounted to a wall. The walls were nonporous, producing reverberations experienced by the animals and measured by the dosimeters. Proximity of the nearest and furthest dog to the dosimeter varied between rooms but was well within the hearing zone of all animals within each holding area. The overall ambient sound measured by the dosimeter was that being experienced by all animals in the area. Noise measurements reported here were the max levels with slow response and "A" weighting. This type of dosimeter and weighting are commonly used to measure sound levels in work environments and to enforce Occupational Safety and Health Administration regulations.

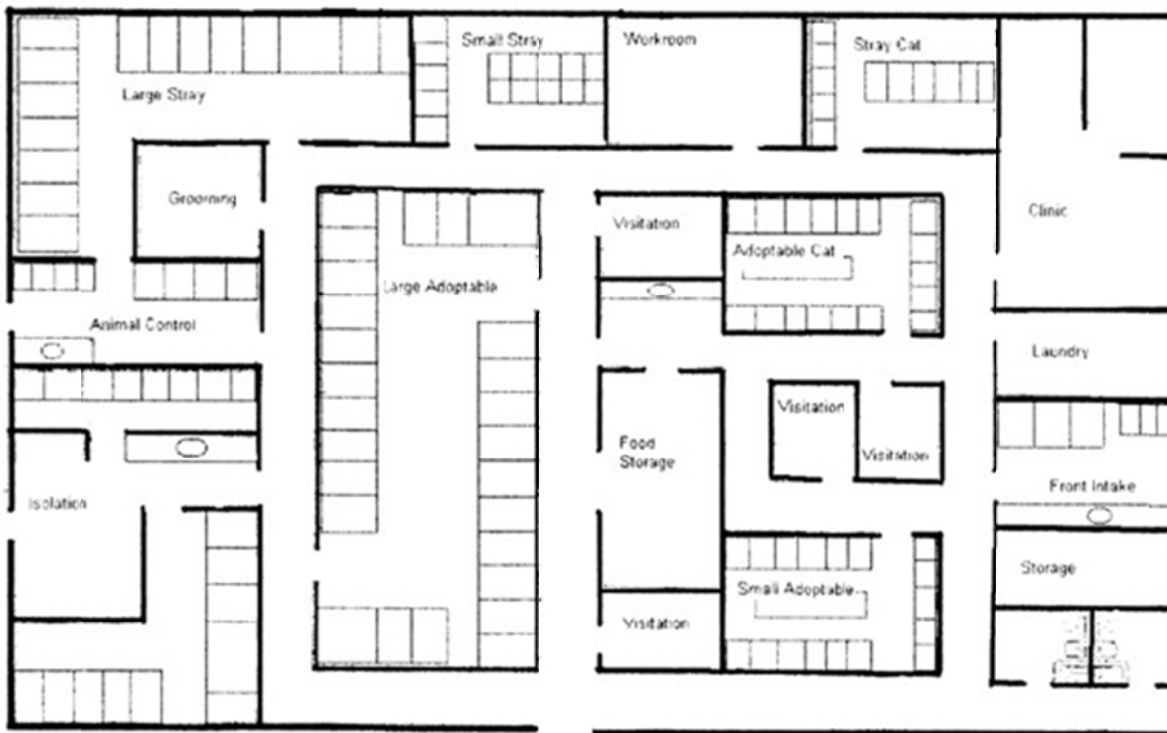


FIGURE 1: Diagram of the humane society (66 ft x 120 ft)

The large adoptable and large stray areas are constructed of epoxy-painted cinder block walls and seamless floors on a concrete slab. The dog runs in the large adoptable and the large stray areas are separated by cement partitions (82 in.) and have chain link doors. Both of these areas have an exposed steel ceiling (> 20 ft), Noise dosimeters were mounted on the wall in these rooms at a height of 12 ft.

The large adoptable area is a smaller area within a larger area enclosed by a cement perimeter wall (82 in.). The larger room is connected by two hallways, eight doors to other areas (including large stray and small adoptable), and one exterior door. This area contains 26 runs with Plexiglas view windows on one end. The dog kennels line all four perimeter walls. There is an employee work area (food preparation, washing dishes) in the middle of the room. The large stray area is a separate room adjacent to the large adoptable area. This area has two doors and contains 15 kennels. The dog kennels line the south and east walls.

The small adoptable, small stray, and front intake areas are all separate rooms with a suspended nonacoustical tile ceiling (8 ft) and plasterboard walls. Noise dosimeters were mounted on the wall in these rooms at a height of approximately 7 ft.

The small adoptable and small stray areas each have one door, a concrete slab floor, and contain metal cages. The cages in the small adoptable area face the interior of the room and the exterior has Plexiglas windows; there is an employee work area in the middle of the room. The cages in the small stray area line the east wall and are also placed down the middle of the room. The front intake area contains cages and runs separated by sheet metal (60") and a linoleum floor. All kennels and

cages are on the south wall. The room also has a refrigerator and a counter in each area with a sink and cabinets. The number of kennels and average number of animals during the study period are summarized in Table 1.

Statistical Analyses

The noise data were analyzed using a frequency procedure (SAS Institute Inc., 2002) to determine the frequency of noise above and below each threshold level (70, 80, 90, and 100 dBA) in each dog-holding area. The data were also analyzed using the Genmod procedure (SAS Institute Inc., 2002) to determine if there were any significant differences between the five dog-holding areas at each threshold level (70, 80, 90, and 100 dBA). Each area was treated as a fixed effect, class variable, and repeated subject. The analysis was appropriate for outcomes with a binary distribution and an auto-regressive covariance structure to account for the relation between measures in the same room.

Results

The amount of time spent above each threshold level during the 84-hr study period is shown in Figure 2. The large adoptable area was by far the loudest and some of the readings for other rooms were, in part, a result of sound reflection from the large adoptable area. Peak levels regularly exceeded the measuring capability of the dosimeter (118.9 dBA) in the large adoptable area. When the dogs were not vocalizing and the rooms "seemed" quiet, the noise readings were still above 50 to 60 dBA. Although there were numerical differences between rooms, there were no statistical differences at any threshold level ($p > .05$).

TABLE 1: Summary of Animal Holding Areas and Kennel Numbers

Holding Area	Average No. of Animals	No. of Kennels	Area^a
Large adoptable	34.25 dogs	26 runs	880
Large stray	15 dogs	15 runs	485
Small adoptable	9.8 dogs	28 cages	285
Small stray	9 dogs	17 cages	258
Front intake	4 dogs, 9.75 cats	4 runs, 4 cages	240

^a Given in square feet.

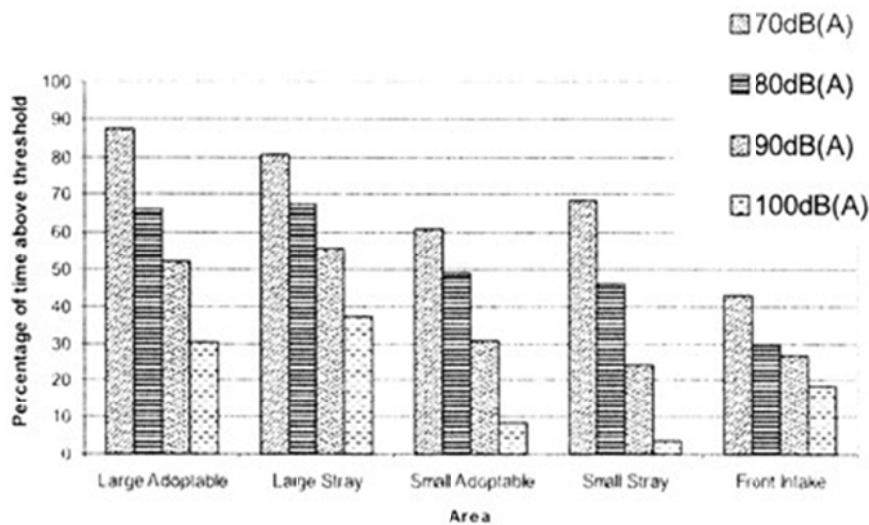


FIGURE 2: Percentage of time during the study period above each threshold level (70, 80, 90, and 100 dBA) for large adoptable, large stray, small adoptable, small stray, and front intake areas.

Discussion

Unfortunately, elimination of noise stressors is often disregarded, despite the evidence that noise places physical and psychological stress on dogs. In our study, the large adoptable area that holds the greatest number of animals was the loudest, which was not unexpected. This area receives a large amount of human traffic from those adopting dogs. Although not testable, given the nature of a functioning shelter, we suspect noise from this area overflows into all other areas. There are hallways leading from the large adoptable area that serve as noise conduits to the other areas -- one stopping at cat adoptable and cat stray and the other ending at the small adoptable room (Figure 1). In addition, noise produced by an individual dog barking can reach levels well over 100 dBA (Sales, Hubrecht, Peyvandi, Milligan, & Shield, 1996) and this exceeds OSHA regulation for workers (90 dBA). However, the animals live in this environment without the hearing protection that is available to people. The noise effect is three-fold:

1. The animals housed in the shelter.
2. The employees working at the shelter.
3. The public at the shelter looking for an animal to adopt.

The animals' mental and physical states are compromised; the employees may develop hearing damage and poor states of mind in caring for the animals. Our observations indicate that visitors sometimes are so bothered by the noise that visiting time is reduced during their search for an animal to adopt.

The large adoptable area is designed so that every dog can see every other dog if the dogs are at their kennel doors. The work area for this room also is located in the center of the rectangle, making it an additional source of stimulation. We observed that this layout allows for constant

stimulation and may increase barking, as any activity within the large adoptable area stimulates every dog in the area. The result is virtually constant barking.

The design and building materials used do not allow for noise absorption, with the exception of rooms with suspended ceilings (small stray, small adoptable, and front intake). These do allow for absorption and somewhat reduced noise levels, although this difference was not statistically significant. The current public viewing design also contributes to the amount of stimulation for the dogs. The viewing windows start half-way up the perimeter wall. The placement of the viewing windows and the use of partitions between every kennel results in dogs that are constantly being surprised by people walking by and abruptly coming into view.

In the shelter environment, cortisol levels have been documented to be above normal, in some cases three times that of household pets (Hennessey, Davis, Williams, Mellott, & Douglas, 1997). We also found that in this instance (Coppola, Grandin, & Enns, 2006). Not all stress-induced elevations in cortisol are due to noise levels, but they are a contributing factor.

An increasingly popular way to design dog housing is to have self-contained rooms instead of the traditional kennels or runs. These rooms are typically enclosed within a larger area either with or without a community play area attached. Noise is absorbed and contained within the smaller room. These designs may also permit social housing of dogs, which research has shown to decrease noise caused by animal vocalization and increase the time animals spend sleeping (Hetts, Clark, Calpin, Arnold, & Mateo, 1992; Mertens & Unshelm, 1996). The incorporation of areas for play groups can contribute to noise abatement, as a mentally and physically exercised dog usually is a quiet one (personal communication, November 17, 2005; San Francisco Society for the Prevention of Cruelty to Animals, American Society for the Prevention of Cruelty to Animals, Humane Society at Lollypop Farm, Denver Dumb Friends League, North Shore Animal League). The American Society for the Prevention of Cruelty to Animals in New York has recently renovated both its holding and adoption areas to embrace these concepts and the San Francisco Society for the Prevention of Cruelty to Animals has been housing their adoptable dogs in "apartment-style" quarters since 1998.

Animal Welfare Implications

As previous scientists noted, kennels should be designed to meet the behavioral and physical needs of dogs, including attention to optimal ranges for sound (Key, 2000; Sales et al., 1997; Sales, Milligan, & Khirnykh, 1993). Unfortunately, even in new kennel construction, noise abatement designs are often ignored because of cost restrictions, making noise a hazard to the animals, employees, and potential adopters. Because of its unpredictable and uncontrollable nature, the shelter is a stressful environment for a dog, and any stress-inducing stimuli that can be reduced or eliminated should be addressed if possible. If one were to follow the standards for human dwellings, a mean sound level of 45 dBA would be the norm for animal houses. Without regulations regarding noise levels in animal shelters, noise may continue to be an overlooked variable and contribute to reduced overall welfare.

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